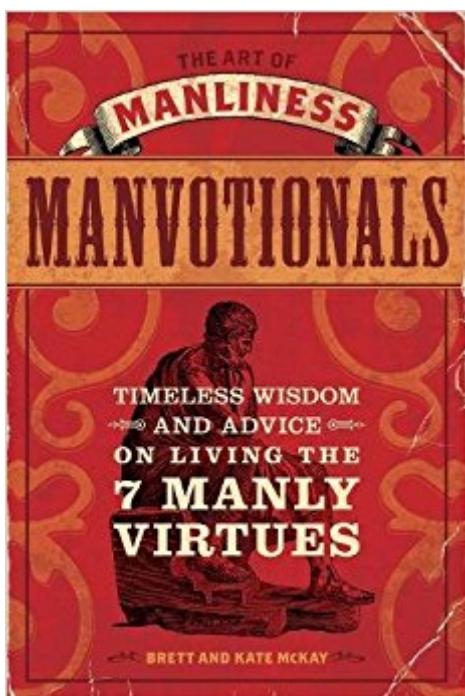


The book was found

The Art Of Manliness - Manvotionals: Timeless Wisdom And Advice On Living The 7 Manly Virtues



Synopsis

Based on a popular series, "Manvotionals" is a collection of the best advice ever written down for men. From the philosophy of Aristotle to the success books of the late 19th and early 20th centuries to the speeches and essays of Theodore Roosevelt, the book contains the manly wisdom of the ages - a myriad of poems, quotes, and essays designed to inspire men to live life to the fullest and realise their complete potential as men. The book is divided into 7 Manly Virtues. Each chapter helps the reader understand a particular virtue and become inspired to live it.

Book Information

Series: The Art of Manliness

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Customer Reviews

Brett and Kate McKay are the married team behind the popular website, ArtofManliness.com. In just two years, the site has grown to over 1 million visitors a month, over 2 million page views a month, and over 70,000 daily subscribers. In addition, the authors maintain a thriving online social network called the Art of Manliness Community. Brett has a degree in Letters where he focused on classical history and philosophy. He also graduated in the top ten of his class in law school. Kate has a bachelor's in history and graduated summa cum laude with a masters in religion. They live in Tulsa, Oklahoma.

Got this as a gift for my husband who loves the Art of Manliness website and thought he would enjoy reading it and maybe turning it into a coffee table book for good discussion as well. He is very excited to read it and it was a big hit for him. I would definitely recommend this as a gift for the man

in your life if he would appreciate the practical skills and advice that it contains that is akin to what the website contains.

Before I read this book I was in a depressive state and only heard of it, through a brief connection, while researching Theodore Roosevelt. After reading it and the other artonmanliness.com books, I found this to be the best one, structurally and emotionally. The book is an anthology of poems and speeches from the past, all told in a blunt manner about the means and ways men have inspired and challenged themselves. These excerpts are divided into different sections based on what virtues they provide. Not only did I find many of these stories moving to tears. They are also set up well so that it doesn't feel repetitive, even when many stories share similar morals or train of thought. This is how I came to enjoy re-reading this book whenever I'm in a rut and the book's author details and ends the book in a satisfying way. In short, this is a book that has and continues to inspire me to do more, and I would recommend it to anyone. But not my copy, it's really worn down from my time with it :)

This is a fantastic book for any man's collection. For one, it looks distressed, but it's not *fake* giving it that classic look and feel throughout the pages. More importantly, however, is the content of those pages. The virtues of Manliness, Courage, Industry, Resolution, Self-Reliance, Discipline, and Honor are set as chapters, each filled with passages from history, writings from Seneca, Rudyard Kipling, Benjamin Franklin, and much more. I have several copies I like to give away on my website and Instagram account. We can never have too much wisdom or gentlemen in the world, right? This is one of the staples of keeping both of those numbers high. I definitely recommend.

WHAT I LIKED

1. As other reviewers have mentioned, I greatly enjoyed the breadth of the selections. The selections came from a wide range of time periods (Aristotle to modern day and everything in between). They come from a wide range of cultures (even though all the cultures were Western, you still have ancient Greek, ancient Roman, British, American, etc.). They come from a wide range of fame (some of the excerpts are from the usual suspects like Lincoln, Franklin, and Teddy Roosevelt, but there are plenty of unknowns). And they come in a wide range of styles (quotes, essays, songs, excerpts from books, fables, illustrations, etc.).
2. Judging by my dog-earing, I especially loved the chapter on self-discipline. Too often, people frame self-discipline as solely strength of will. In real life, will is like a muscle: it tires. So the solution is to cultivate good habits

(virtue) so that you do good things with little effort. I particularly liked this passage from Charles Everett, who I had never heard of before: "Indeed, a bad habit is the last thing that most of us are afraid of. We think that we are acting always from our own choice, that it is no matter what we do now, because another time, whenever we wish, we can do differently. But all the while a certain habit is forming and hardening, until at last we find ourselves almost helpless. Thus, even our tastes, our amusements, our selection of books, the tendency even of our most secret thoughts, are becoming fixed, and we are becoming permanently the person we meant to be only for the moment." 3. The passages are generally very inspiring. The quotes articulate what you already know in your gut to be true, and that's important. **WHAT I DIDN'T LIKE** 1. I wish the authors had taken longer at the beginning to frame what manliness is. The idea of manliness as man vs. woman and manliness as man vs. boy/beast is very interesting. However, I think the authors come down too strongly on the man vs. boy/beast side. The authors' stance in the introduction is that the virtues themselves are neutral, but that men and women will express the same virtues in manly or womanly ways. I think it's important to recognize that while that is true to a great extent, it is also true that manliness is partly defined in opposition to womanliness. I wish the authors had dedicated a chapter to how manliness is different from womanliness, and how these differences shape how men should treat women and vice versa. To me, a book on manliness that doesn't examine sex differences and male-female relations is necessarily incomplete. **SUMMARY** I really enjoyed this book and would recommend it.

This was a fantastic collection of essays and poems. Every section made its point clear, and the message never veered into unusual or disagreeable territory. When I first got this book, I was expecting a tacky, somewhat snarky look at nostalgic views of masculinity. The first few pages thankfully dispelled my concerns. I didn't expect it to so well convey maturity and the responsibilities of an adult, though. The writers featured in this anthology could have written most of these pieces yesterday. I would strongly recommend this to teenage boys feeling "lost" and in need of principle. Women can also get quite a bit out of this, as it can be interesting to see the viewpoints of famous figures in history and could provide a nice guideline for raising a son.

Absolute must read for real men. Inspires me to look within, and helps me strive to yearn for some of the deep values that are commonly overlooked in the modern day. Personally helped me with business values and ethics also. Highly recommended.

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